

# Sale of Movable Assets of Sheba Marine Engineering Private Limited (In liquidation)

CIN: U74900TN2014PTC097690

## AUCTION SALE NOTICE

Notice is hereby given to the public in general under the provisions of Insolvency and Bankruptcy Code, 2016 read with IBBI (Liquidation Process) Regulations, 2016 ("Liquidation Regulations") that the bids are invited from the interested parties for the sale of movable properties of Sheba Marine Engineering Private Limited, as a slump sale in two lots in accordance with Regulation 32(b) of the Liquidation Regulations through public auction to be held on April 12, 2026.

S. No.	Brief Description	Reserve Price (INR)	EMD (INR)	Incremental Bid (INR)
01.	Sale of all plant and machinery comprising the manufacturing unit located at No. 46 Thenbazar Post, Villupuram, Thindivanam, Tamil Nadu – 604001 India together with all related fixtures, fittings, tools, spares, accessories, and auxiliary equipment installed or used in connection therewith, on "as is where is", "as is what is basis", "whatever there is basis" and "no recourse basis".	5,31,370	53, 137	5,000

### Notes:

- This sale is being proposed to be sold on "AS IS WHERE IS AND WHATEVER THERE IS AND NO RECOURSE BASIS", through an e-auction platform: Baanknet (formerly eBKray).
- Details of the terms and conditions of e-auction including important timelines, eligibility criteria etc. are available at: <https://ibbi.baanknet.com/eauction-ibbi>
- The Prospective Bidders shall be eligible to participate in the bidding process subject to submission of Bid Application Form along with supporting annexures and deposit of Earnest Money Deposit on or before April 10, 2026.
- The Prospective Bidders shall submit an undertaking that they do not suffer from any ineligibility under section 29A of the Code and that if found ineligible at any stage, the earnest money deposited shall be forfeited.
- The Liquidator holds the right to cancel, modify or extend the terms of this E-Auction at any time.

Sd/- Pratul Thadi  
Liquidator of

Sheba Marine Engineering Private Limited

Place: Hyderabad

Date: April 02, 2026

Reg. No.: IBBI/IPA-002/IP-N01149/2021-2022/13806

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# Is Trump edging the world towards nuclear war

POINT OF VIEW  
VVS MAHIAN



The latest oration from Donald Trump arrived like a brass band at a funeral—loud, triumphant, and curiously indifferent to the body in the room. In a twenty-minute address that felt longer than several minor wars, the President declared victory with the breezy confidence of a man announcing a hotel upgrade. Iran, he suggested, had been efficiently reduced from a geopolitical problem to an afterthought: its navy and air force nearly erased, its command networks tidied away, its missiles and drones rendered historical curiosities. One waited, perhaps unfairly, for a receipt.

The speech, delivered at an hour when most of India was awake and most of Washington was still negotiating with its conscience, was his first extended performance since the United States, alongside Israel, intensified operations against Iran. It did not so much clarify the situation as inflate it. The war, we were told, was both nearly concluded and about to become considerably larger. Diplomacy, meanwhile, was described in the delicate tone usually reserved for optional side dishes. Negotiations may continue, but so might attacks on oil infrastructure and nuclear facilities—at any time, in any mood, presumably between applause lines.

There was also the matter of the Strait of Hormuz, that narrow ribbon of water through which a generous portion of the world's energy anxieties pass each day. America, Trump announced, needs almost none of it. Others, he suggested with the air of a landlord raising rent, might wish to "take care" of it themselves. Europe and Asia, long accustomed to depending on that artery, were thus gently encouraged to consider a new hobby: securing global energy routes while being told they are no longer central to the story.

The American military received its customary ovation, described as the world's strongest, swiftest, and most obliging instrument of policy. In the same breath, Iran's naval capabilities were declared thoroughly extinguished, which raises the interesting question of why further escalation is necessary against something already described as absent. Victory, it seems, is not merely to be achieved but continuously announced, like a sequel that insists on its own inevitability.

Then came Venezuela, mentioned with the narrative ease of a subplot that wandered in from another screenplay. A rapid operation, we were told, secured control in minutes—fast, deadly, powerful, and apparently tidy enough to be recounted between other triumphs. The implication was that American reach is not only long but also conveniently efficient, a kind of geopolitical express delivery service. Oil and gas, those faithful companions of foreign policy, made their expected appearance.

Energy independence was the underlying refrain. America, Trump insisted, no longer depends on the Middle East. It can produce its own, source from elsewhere, and still maintain a presence in the region for the benefit of allies—an arrangement that resembles independence in the way a permanent houseguest resembles solitude. The future, in this telling, includes the possibility of major new attacks within weeks, the optional targeting of Iran's oil sector, and the curious assertion that regime change was not the goal, though it appears to have occurred as a side effect.

"Whoever wants oil should seize Hormuz," he added, a line that might have been intended as strategy but landed closer to satire. It is not every day that the stewardship of a critical global chokepoint is outsourced in a sentence. Markets listened, governments listened, and somewhere a map of the region quietly reconsidered its own stability.

The result is a peculiar atmosphere in which victory is declared, escalation is promised, and the rest of the world is invited to interpret the difference. Americans may debate the merits of strength and spectacle; outsiders are left parsing tone for intent, bravado for policy.

There is, beneath the performance, a persistent unease that the language of overwhelming power, when repeated often enough, begins to sound less like deterrence and more like invitation. If this is the script, it is one that edges uncomfortably close to a final act no one has rehearsed for, and one in which Trump's continued threats could, with alarming ease, tip a volatile standoff toward a nuclear war.

# Rare brain tumour successfully removed

A team of neurosurgeons at Gleneagles Hospital Chennai, part of Fortis Healthcare, successfully removed a rare and complex brain tumor from a 30-year-old patient.

The patient was diagnosed with High-grade astrocytoma with piloid features (HGAP) - a rare and aggressive tumor classified by the World Health Organization in 2021. The tumor was located deep in a critical region near the brainstem and major blood vessels, making the surgery highly challenging.

The procedure was led by Dr. Nigel Symss and Dr. Venkatesan Sanjeevi, who carried out a carefully planned two-stage surgery lasting about eight hours.

Stage 1: Emergency VP shunt procedure to relieve life-threatening fluid buildup (hydrocephalus)

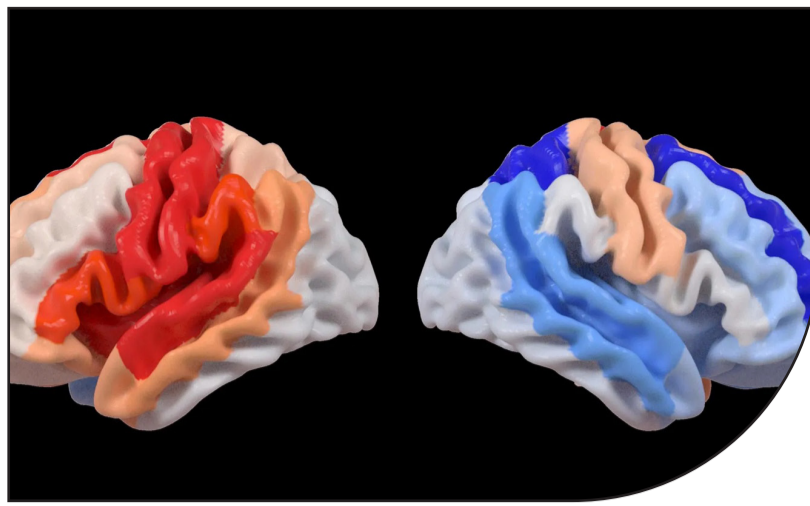
Stage 2: Advanced surgery using a supracerebellar infratentorial approach to safely access and remove the tumour

Using advanced tools like neuronavigation, microscopy, and ultrasonic aspirators, the team achieved near-total tumour removal without complications.

The patient, who had symptoms including severe headache, vomiting, and double vision, showed complete recovery after surgery. He was discharged in stable condition on the eighth day with no neurological deficits.

Doctors highlighted that the tumour's rare nature and critical location made it one of the most challenging neurosurgical cases. The success was attributed to precise planning, advanced technology, and a multidisciplinary approach.

Hospital officials noted that such complex procedures reflect their commitment to delivering high-quality, patient-centric care for rare and critical conditions.



# Stroke triggers hidden brain change

A new study published recently suggests the brain can respond to stroke in a surprising way. Researchers at the USC Mark and Mary Stevens Neuroimaging and Informatics Institute (Stevens INI) found that people with severe physical impairments after a stroke may show signs of a "younger" brain structure in areas that were not damaged. This appears to reflect how the brain adapts and reorganises itself after injury. The research was conducted as part of the Enhancing Neuroimaging Genetics through Meta-Analysis (ENIGMA) Stroke Recovery Working Group. Scientists analysed brain scans from more than 500 stroke survivors collected across 34 research centers in eight countries. By applying deep learning models trained on tens of thousands of MRI scans, the team estimated the "brain age" of different regions in each hemisphere and examined how stroke affects both structure and recovery.

"We found that larger strokes accelerate aging in the damaged hemisphere but paradoxically make the opposite side of the brain appear younger," said Hosung Kim, PhD, associate professor of research neurology at the Keck School of Medicine of USC and co-senior author of the study. "This pattern suggests the brain may be reorganising itself, essentially rejuvenating undamaged networks to compensate for lost function."

To carry out the analysis, researchers used a type of artificial intelligence called a graph convolutional network. This system estimated the biological age of 18 brain regions based on MRI data. They then compared this predicted age with each person's actual age, a measure known as the brain-predicted age difference (brain-PAD), which serves as an indicator of brain health.

When these brain age measurements were compared with motor function scores, a clear pattern emerged. Stroke survivors with severe movement

impairments, even after more than 6 months of rehabilitation, showed younger-than-expected brain age in regions opposite the site of injury. This effect was especially strong in the frontoparietal network, which plays an important role in movement planning, attention, and coordination.

"These findings suggest that when stroke damage leads to greater movement loss, undamaged regions on the opposite side of the brain may adapt to help compensate," Kim explained. "We saw this in the contralesional frontoparietal network, which showed a more 'youthful' pattern and is known to support motor planning, attention, and coordination. Rather than indicating full recovery of movement, this pattern may reflect the brain's attempt to adjust when the damaged motor system can no longer function normally. This gives us a new way to see neuroplasticity that traditional imaging could not capture."

The study relied on ENIGMA, a global collaboration that combines data from more than 50 countries to better understand the brain across different conditions. By standardising MRI data and clinical information from many research groups, the team created the largest stroke neuroimaging dataset of its kind.

"By pooling data from hundreds of stroke survivors worldwide and applying cutting-edge AI, we can detect subtle patterns of brain reorganization that would be invisible in smaller studies. These findings of regionally differential brain aging in chronic stroke could eventually guide personalised rehabilitation strategies," said Arthur W. Toga, PhD, director of the Stevens INI and Provost Professor at USC.

# 'Stable calorie intake can help lose weight'

Keeping meals similar from day to day and maintaining a steady calorie intake could help people lose more weight, according to research from the American Psychological Association. The study, published recently, showed that adults who followed structured eating patterns during a 12-week behavioural weight loss programme achieved better results than those who frequently changed their food choices. Participants who repeated meals and kept calorie intake stable over time lost more weight than those with more varied diets.



"Maintaining a healthy diet in today's food environment requires constant effort and self-control," said lead author Charlotte Hagerman, PhD, of the Oregon Research Institute. "Creating routines around eating may reduce that burden and make healthy choices feel more automatic."

To explore the role of routine, researchers analysed detailed, real-time food logs from 112 adults who were overweight or obese and enrolled in a structured weight loss programme. Participants recorded everything they ate using a mobile app and weighed themselves daily with a wireless scale.

The analysis focused on the first 12 weeks of the programme - a period when participants are typically most engaged and provide the most

accurate data about their eating habits.

Researchers evaluated how structured each participant's diet was using two measures. One was caloric stability, which examined how much daily calorie intake varied across days and between weekdays and weekends. The second was dietary repetition, which tracked how often participants logged the same meals and snacks instead of regularly choosing new foods.

Participants who frequently ate the same foods lost an average of 5.9% of their body weight, compared with 4.3% among those who ate a wider variety of foods. More consistent calorie intake was also associated with greater weight loss. For every 100-calorie increase in daily fluctuation, weight loss decreased by about 0.6% over the study period.

These results suggest that simplifying food choices, such as relying on a set rotation of meals and keeping calorie intake

steady, may help people develop habits that are easier to maintain. However, the researchers note that the findings show a correlation, not cause and effect, and that factors like motivation or self-discipline may also influence outcomes.

The researchers also point out that earlier studies have linked dietary variety to better overall health. However, those findings typically focus on variety within healthy food groups such as fruits and vegetables.

"If we lived in a healthier food environment, we might encourage people to have as much variety in their diet as possible," Hagerman said. "However, our modern food environment is too problematic. Instead, people may do best with a more repetitive diet that helps them consistently make healthier choices, even if they might sacrifice some nutritional variety."

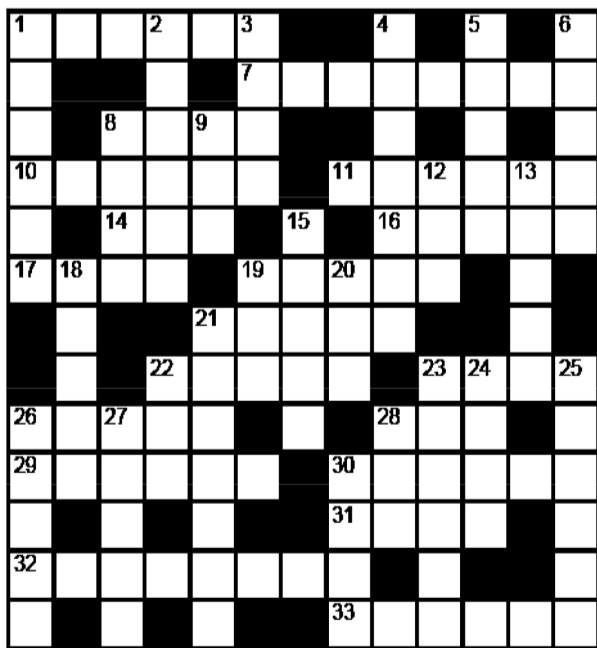
An additional finding showed that participants who reported higher calorie totals on weekends than weekdays also lost more weight. Hagerman explained that this likely reflects more consistent tracking rather than increased food intake, since people often log their meals less reliably on weekends.

Overall, the takeaway is clear. When it comes to weight loss, consistency in eating habits may matter more than dietary variety.

# MAIL CROSSWORD - 11 (Grid 5)

## ACROSS:

- Wild; uncivilized (6)
- Acquiring, appropriating or confiscating (8)
- Bollywood director Mahesh \_\_\_ (4)
- Scraps or bits (6)
- Rook on the chessboard (6)
- Hill-dwelling insect (3)
- Is defeated (5)
- Hangs down from the middle (4)
- \_\_\_ down to : amounts to essentially? (5)
- Ill-gotten \_\_\_ : profits made by evil or illegal activities (5)
- Aches and \_\_\_ : bodily discomforts? (5)
- Three-way joints used in fitting pipes together (4)
- Unexpressed or unspoken (5)
- That is to \_\_\_ : that is what is meant? (3)
- Enthusies or pleases (6)
- The particular occupation for which you are trained (6)
- A great many or a great deal (4)
- Colombo is its capital (3,5)
- Full of tiny holes (6)
- DOWN
- Come to one's \_\_\_ : start behaving rationally again? (6)
- Greek capital (6)
- Partakes of food (4)
- Brings back to mind (7)
- Presents at Christmas or birthdays? (5)
- Fairy tale monsters (5)



## SOLUTION TO MAIL CROSSWORD - 10

### Across:

- Baker, 6 Dutch, 9 Natives, 10 Atlas, 11 Miler, 12 Aches, 13 Revenge, 15 Arc, 17 Amol, 18 Enmesh, 19 Sends, 20 The law, 22 Sirs, 24 Sos, 25 Settees, 26 Likes, 27 Cigar, 28 Aries, 29 Tensile, 30 Ogres, 31 Token.
- DOWN:
- Anthem, 3 Enamel, 4 Ras, 5 Mince, 6 Demeans, 7 USIS, 8 Clears, 12 Agnew, 13 Rants, 14 Votes, 15 Aerie, 16 Chess, 18 Edges, 19 Satires, 21 Hoping, 22 Stereo, 23 Recede, 25 Sense, 26 Late, 28 Alt.

# Therapy for knee arthritis pain relief

A new large-scale analysis has identified knee braces, water therapy and exercise as the most effective non-drug options for managing knee osteoarthritis.

Knee osteoarthritis (KOA) is a widespread and often disabling condition that affects millions of older adults. It leads to ongoing pain and stiffness in the knee joint, making everyday movement more difficult. Many patients rely on anti-inflammatory medications, but these drugs can carry risks, including gastrointestinal and cardiovascular side effects. By combining results across all of these studies using a network meta-analysis, the researchers were able to rank each treatment based on its effectiveness. Some advanced treatments, such as high-intensity

laser therapy and shock wave therapy, provided moderate improvements. In contrast, ultrasound consistently ranked as the least effective option.

To better understand which non-drug treatments work best, researchers analysed data from 139 clinical trials involving nearly 10,000 participants. The study compared 12 different therapies, including laser therapy, electrical stimulation, knee braces, insoles, kinesiology tape, water-based therapy, exercise, and ultrasound.

Knee braces ranked highest overall, showing strong results in reducing pain, improving joint function, and easing stiffness. Hydrotherapy - exercises or treatments performed in warm water - was especially helpful for pain relief. Regular exercise also

delivered consistent benefits, improving both pain levels and physical function.

The researchers note that variations in study design, smaller sample sizes in some trials, and differences in how long treatments were used could affect how precise the rankings are. Even so, the overall findings suggest that physical therapy approaches offer meaningful benefits without the risks linked to anti-inflammatory medications.

Future research should explore how combining different therapies might improve outcomes further and whether these approaches are cost-effective in real-world care.

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Place: Hyderabad Date: April 02, 2026  
Sd/- Prakul Thadi Liquidator  
Sheba Marine Engineering Private Limited  
Reg. No.: IBB/PA-02/IB-01/149/2021-2022/13806  
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